

July Newsletter



From the Desk of the Community Manager

For many of us, a hot summer day means finding relief in an air-conditioned home, taking a dip in a pool, or grabbing a cold drink. But for individuals and families experiencing homelessness, soaring temperatures can quickly become life-threatening.

When temperatures climb into the 80s, 90s, or even higher, there is often no escape from the relentless heat. Without a safe place to cool down, people experiencing homelessness face serious health risks every hour they remain outdoors.

One of the greatest dangers is heat-related illness. Prolonged exposure to high temperatures can lead to dehydration, heat exhaustion, and even heat stroke, which is a medical emergency that can be fatal if not treated immediately.

Without easy access to water, shade, or medical care, these conditions can escalate quickly. Access to clean drinking water is something many of us take for granted. For someone experiencing homelessness, finding enough water throughout the day can be a constant challenge. Dehydration affects both physical and mental health.

Libraries, community centers, and cooling centers can provide temporary relief, but they often have limited hours or may not be easily accessible. Transportation barriers, mobility issues, and lack of information about available resources can prevent people from reaching these safe spaces.

Families with young children, older adults, and individuals with disabilities are especially vulnerable during periods of extreme heat.

At Family Promise of Sussex County, we work every day to help individuals and families move from housing instability to safe, stable housing. While emergency supplies can provide temporary relief during the hottest days of summer, the long-term solution is ensuring everyone has a place to call home.

Dawn Hendershot, JD

Community Manager
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Stay Safe in the Summer Sun

As temperatures rise, taking a few simple precautions can help you stay healthy and avoid heat-related illnesses.

- Stay hydrated. Drink plenty of water throughout the day, even if you don't feel thirsty.
- Apply sunscreen. Use a broad-spectrum sunscreen.
- Wear protective clothing. Choose lightweight, loose-fitting, and light-colored clothing to help keep your body cool.
- Seek shade. Limit direct sun exposure, especially between 10:00 a.m. and 4:00 p.m., when UV rays are strongest.
- Take frequent breaks. If you're working or spending time outdoors, rest in a cool or shaded area regularly.
- Know the signs of heat-related illness. Move to a cooler place, drink water, and seek medical attention if symptoms worsen.



★ Service Strong ★

Veterans Fair

Featuring

JOB FAIR * VETERANS SERVICES * VENDORS

Our Service Strong Veterans Fair is an event dedicated to connecting veterans, active-duty service members, reservists, and their families with resources, support services, employment opportunities, and community programs.

Our goal is simple: connect those who have served our country with the tools and opportunities they need to rebuild stability and independence.

About the Service Strong Veterans Fair

The Service Strong Veterans Fair is a community-driven initiative designed to support veterans, active-duty service members, reservists, and their families. This event brings together employers, housing providers, and service organizations to create a one-stop opportunity to access employment, stable housing resources, and support services.

All current and former service members and their families are welcome!

Saturday

July 18th, 2026 11:00 am-1:00 pm

**Christ Episcopal Church
62 Main Street, Newton, NJ**

GARAGE SALE

One stop, two great reasons to visit us
Saturday, July 18th!

If you're heading to Newton's Town-Wide Garage Sale, be sure to stop by the Family Promise of Sussex County table! We'll have a variety of items for sale, and every purchase helps support our mission of helping local families experiencing homelessness achieve lasting housing stability.

Even better? Our garage sale spot is right next to the Service Strong Veterans Fair! After browsing for bargains, take a few steps over to connect with local veteran resources, employers, and community organizations dedicated to supporting those who have served our country.



**Saturday, July 18th, 2026,
9:00 am - 4:00 pm
Family Promise of Sussex County
19 Church Street, Newton, NJ**

**We'll also be selling on
Friday July 17th 9:00 am - 4:00pm**

**For more information, please reach out to Laura at 973-579-1180 ext. 1012
or email lbusch@familypromisesussex.org**

Casino Night

Betting on a Better Future

Thank You



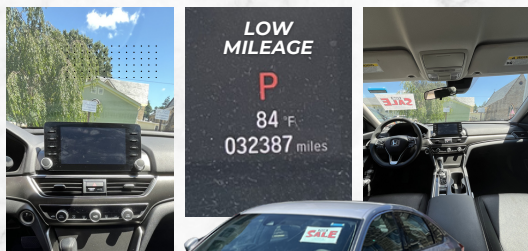
A heartfelt thank you to everyone who made our 2026 Casino Night: Betting on a Better Future such a tremendous success!

To our attendees, sponsors, donors, volunteers, and community partners, your generosity, enthusiasm, and support made this incredible evening possible. Because of you, we are able to continue providing housing services and vital support to individuals and families experiencing homelessness in Sussex County.

Thank you for believing in our mission and for helping us build a brighter future for our neighbors in need. Together, we're all in to end homelessness.

SAVE THE DATE JUNE 10TH, 2027!

CAR FOR SALE



\$25,000

2021 Honda Accord

We are selling one of the agency vehicles!
Contact us for more information 973-579-1180

A conversation can make a difference!

HELP A LOCAL FAMILY

Just by meeting with Network Brainiacs

BECOME A CLIENT. MAKE A BIGGER IMPACT.

When your company becomes a Network Brainiacs client, the value of the first month's contract will be donated to Family Promise of Sussex County.

WHAT TO EXPECT FROM A MEETING

- Comprehensive IT & Cybersecurity Review
- Consultative Discussion to explore your business needs and fit
- Actionable Recommendations you can implement immediately

**NO COST. NO OBLIGATION.
JUST A CONVERSATION THAT HELPS A FAMILY.**



For more information, scan the QR code
or visit www.networkbrainiacs.com/40-for-good

Network Brainiacs - Managed IT - Cybersecurity - AI Readiness - Serving New Jersey Businesses



Ballyowen

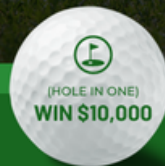
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Golf Course in NJ
"Golf Week"

15TH ANNUAL GOLF CLASSIC

CHARITABLE GOLF OUTING

Partial
Proceeds Benefitting



7 OCTOBER
WEDNESDAY, 2026

TEE SIGN - \$200
FULL PAGE AD - \$125
HALF PAGE AD - \$75
TEE SIGN FULL PAGE COMBO - \$275



REGISTRATION OPENING SOON!

\$275.00 / Individual
\$1000.00 / Foursome

11:00 - 12:00 REGISTRATION

12:00 Shotgun Start
5:00 Cocktails & Bragging Rights
6:00 Welcome & Dinner Buffet
Prizes, Awards, Tricky Tray, 50/50

Get More Info :

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